

Sea Lettuce



PLANTS & ALGAE

Ulva lactuca (fenestata)

size: can reach 18 cm (7 in)

Habitat: Blanketing cobbles in main intertidal and south boulders when conditions are good (early spring to late summer)

Bright green when hydrated - this is a very tolerant species to temperature conditions. Downside to having “pastures” of sea lettuce is when the plants die they can deplete all available oxygen in tidepools killing organisms and creating a rotten egg smell.